



EDUCATION & RETREAT CENTER



Valerie Brown and Kirsten Olson

About Ghost Ranch

Ghost Ranch, 21,000 acres located in Northern New Mexico, is an ecumenical and interfaith education and retreat center of the Presbyterian Church (USA). For over half a century, people have come here for spiritual development, to discuss issues of peace and justice, to work together in creation care, to paint and write, to hike and to ride horseback, to research rich and globally renowned archeological and fossil quarries, to see where Georgia O'Keeffe painted, to try something new or to simply rest and renew their spirits.

To Register:

REGISTER ONLINE 

@GhostRanch.org or call the Registrar Office at 505.685.1001 or 505.685.1002



Katharine Kimball

Journey Toward Wholeness

A Courage & Renewal Retreat® Two-Part Series

**Monday-Sunday, May 18-24, 2015 and
Monday-Sunday, October 5-11, 2015**

G15CDS531 | All Inclusive, covers per person workshop registration, double-occupancy lodging & meals from dinner on arrival to breakfast on departure. Room with Private Bath \$2,350 Room with Semi-Private Bath: \$1,850 Participants register for the full series, commit to being present for both weeks and complete a questionnaire about registration. Fee includes 6 nights lodging, meals, course tuition and fee for BOTH sessions/weeks

Based on the work of author Parker J. Palmer, this Courage & Renewal® retreat explores issues of transition, vocation, life passion, purpose, meaning, aging, direction, and underlying life patterns, to live in alignment with one's deepest values. In a safe, quiet, nurturing and confidential environment, the retreat promotes reflection and clarity, and uses poetry, prose, music, movement and the stunning beauty of the high desert.

Savor daily contemplative practices. Enjoy periods of quiet time, journaling and self-reflection, and large and small group discussions. Clearness committees, a Quaker communal process for individual discernment, is the capstone of the retreat. Off-ranch trips are planned. Exhale deeply and relax at a nearby mineral springs (at an extra fee), enjoy an afternoon of Gregorian chant at Christ in the Desert Monastery and visit the weavers of Medanales to explore local culture. Limited to 15 participants.

Instructors:

Based on the principals of the Center for Courage and Renewal®, Valerie Brown and Kirsten Olson are trained Courage and Renewal facilitators. **Valerie Brown** is an organizational leadership coach and experienced mindfulness and yoga instructor at Mindful Solutions, in New Hope, PA, where she leads corporate, legal and career transition clients in problem-solving grounded in being present to one's life with integrity, attentiveness and respect. **Kirsten Olson** is a leadership coach, writer, retreat leader and Chief Listening Officer at Old Sow Consulting. Trained as a Courage & Renewal® Facilitator, where she met Valerie, Kirsten's work focuses on mindful, compassionate and creative leadership training for individuals and teams in the learning profession. Kirsten is co-author of *The Mindful School Leader: Practices to Transform Your Leadership and School* (Corwin Press, 2014), and other books about educational transformation.

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